

Dressmaking for Beginners

Tutor: Dorothy Richards

Dates: Wednesday 12/01/22 – 30/03/22 excluding 16/02/22

Times: 14:00 – 16:30

This is a practical, general sewing course for all those new to sewing.

The first 4 weeks will follow tutor led projects.

- Week 1 – tote bag
- Week 2-4 – simple trousers **or** skirt
- The following weeks, students will have the opportunity to take on further projects, which can be discussed with the tutor during the course
- The class is taught by group and one-to-one contact between the student and tutor

The course aims to show you all aspects of sewing, including;

- How to choose mark and assess material ready for cutting
- How to cut a pattern and material correctly
- Develop confidence in using a sewing machine
- Teach the required techniques to complete a garment/item simply and correctly
- Sewing in a zip

The Arts and Crafts Centre has a variety of sewing machines available to use, but if you have your own you are welcome to bring it along.

You will need to bring the following:

- Either Simplicity 8390 **or** Simplicity 8022 (trouser pattern) **OR** Simplicity 4236 **or** K8176 (skirt pattern)
- A simple pattern of your choice
- Fabric, thread and haberdashery for your chosen design
- Sewing scissors, pins, cotton
- Tape measure
- Needles
- Small, tape-measure
- Calico or cheap cotton sheeting for toiles
- Folder and plastic pockets for your hand outs

Fabric can be bought from the following places:

- Fabric World MK Ltd (Bedford Bus Station)
- Ford End Road Shops (for material)
- John Lewis in Milton Keynes or Welwyn Garden City
- Hobby Craft

Please adhere to the regulations concerning Personal Protective Equipment & Control of Substances Hazardous to Health (COSHH) and how they apply to the course or accommodation and to any 'Safe System of Work' as advised by your tutor.

In addition to the Centre's legal responsibility, students also have the responsibility to take care of the Health and Safety of themselves and others.