

## Introduction to Sewing

**Tutor:** Jeanette Goodwin

**Dates:** Monday 06/06/22 – 11/07/22

**Times:** 13:30 – 15:30

### Course Information & Teaching Methods;

Do you want to start sewing but are unsure where to begin? Do you need a basic introduction to equipment and techniques? Maybe you haven't sewn for a very long time and want a refresher in the basics?

This is the course for you!

Over the 6 weeks, we will cover;

- Essential equipment needed and how best to choose it
- Threading and use of a machine
- Useful hand and machine stitches and when to use them
- Reading and understanding a sewing pattern
- Cutting out and marking correctly
- Sewing Terminology explained
- And more!!

The objective of this class is to give a basic grounding to enable you to feel confident to tackle your own projects or to join a sewing group or more intermediate class with confidence.

### Information;

The Arts and Crafts Centre has a variety of sewing machines available for you to use, but if you have your own you are welcome to bring it along and learn how to get the most from it.

Jeanette's Grandmother, was a professional needlewoman, and taught Jeanette how to sew, as a child. Jeanette made her own wedding dress and many of her own clothes now. She has had her own small business, making ball gowns and alike. We're very pleased she's on our team!

Tea, coffee and biscuits are available in the kitchen area, for a small charge.

- ***The wearing of face masks is down to the discretion of the tutor and student. Please be respectful of others decisions***
- ***The classrooms will be well ventilated, with open windows, additional layers may be necessary!***
- ***Please use the hand sanitiser on entering the building and as appropriate during your visit***

Please adhere to the regulations concerning Personal Protective Equipment & Control of Substances Hazardous to Health (COSHH) and how they apply to the course or accommodation and to any 'Safe System of Work' as advised by your tutor.

In addition to the Centre's legal responsibility, students also have the responsibility to take care of the Health and Safety of themselves and others.